

# About your child's school meals

Your child's school meals are provided by Eat Culture - Nottingham Catering, the largest school meals provider in Nottingham City.

## Healthy eating

When your child has a school meal, you can rest assured they are eating a healthy nutritious meal, cooked from scratch, which will fill them up for the rest of the school day. Meat and Vegetarian options are available daily.

## Dietary requirements and allergens

Bespoke menus are available for children with dietary requirements (with up to date medical letter).

### Did you know?

- We can provide your child with a packed lunch rather than a school meal
- Meals are free for children in reception and Key Stage 1

## Our food

We are proud of the food we serve to Nottingham children. Our Food for Life Silver accreditation means that:

- Food is sourced locally
- Meat is Red Tractor assured, meaning it's traceable, safe and produced locally
- Fish is certified by the Marine Stewardship Council
- We use quality ingredients from reliable sources
- We offer healthy, nutritious, balanced meals which are low in fat, sugar and salt.
- We use Organic potatoes, pasta and eggs on our menus

## Our menus


Our menus operate on a three-week cycle and provide up to three choices per day. They change twice per year to reflect seasonal fruit and vegetables.

## Information about our Catering service

Please get in touch with Eat Culture – Nottingham Catering at [eatculture@nottinghamcity.gov.uk](mailto:eatculture@nottinghamcity.gov.uk) or via our website [www.eatculture.co.uk/parents](http://www.eatculture.co.uk/parents)



Week: 1  
 Date: 4<sup>th</sup> Nov, 25<sup>th</sup> Nov, 16<sup>th</sup> Dec, 20<sup>th</sup> Jan, 10<sup>th</sup> Feb, 9<sup>th</sup> March, 30<sup>th</sup> March

Salad, Fresh Fruit, Bread and Water are available to pupils every day in all schools.  = Vegetarian

For Allergen information please ask a member of the catering team.



# Unity/ Denewood

## Monday


## Tuesday

## Wednesday

## Thursday


## Friday


Halal Roast Chicken & Gravy served with Organic Roast Potatoes, Carrots or Sweetcorn


 MSC Salmon Fish Cake served with Oven Chips and Peas / Mushy Peas


Roast Beef & Gravy served with Organic Roast Potato, Yorkshire Pudding & Vegetable Medley


Halal Beef Spaghetti Bolognese served with Homemade Baguette Chunk and Broccoli or Sweetcorn


 Veggie Pizza served with Diced Potatoes, Baked Beans or Mixed Salad

 Tomato & Basil Pasta served with Freshly Baked Baguette Chunk and Carrots or Sweetcorn


 Cheese Snack served with Oven Chips and Peas

 Quorn Roast & Gravy served with Organic Roast Potato, Yorkshire Pudding & Vegetable Medley

 Veggie Lasagne served with Freshly Baked Baguette Chunk and Broccoli or Sweetcorn


 Cheese & Tomato Pizza served with Diced Potatoes, Baked Beans or Mixed Salad

Jacket Potato with Tuna or Cheese and Salad Bar

 Veggie Hotdog served with Chips and Peas

Tuna Mayonnaise Baguette served with Mixed Salad

 Quorn Fajitas served with Rice & Broccoli or Sweetcorn

 Jacket Potato with Baked Beans and Mixed Salad

Freshly Baked Fruity Muffin

Rice Pudding

Cookie & Milk Or Cheese & Biscuits

Date Sliced & Custard Milk

Chocolate Crunchies & Fruit Wedge

Milk

Fresh Fruit Salad

Fresh Fruit Salad

Fresh Fruit Salad

Fresh Fruit Salad

Fresh Fruit Salad



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Main

Dessert



Week: 2  
 Date: 11<sup>th</sup> Nov, 2<sup>nd</sup> Dec, 6<sup>th</sup> Jan, 27<sup>th</sup>  
 Jan, 24<sup>th</sup> Feb, 16<sup>th</sup> March,

Salad, Fresh Fruit, Bread and Water are available to pupils every day in all schools.  = Vegetarian

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## Unity/ Denewood

### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

Halal Chicken Curry served with Rice and Sweetcorn or Carrots



MSC Fish Fingers served with Oven Chips, Baked Beans or Mixed Salad

Roast Chicken, Stuffing With Gravy served with Organic Roast Potatoes and Vegetable Medley

✓ Veggie Sausage & Gravy served with Mashed Potatoes, Broccoli or Peas

✓ Veggie Pizza served with Diced Potatoes, Coleslaw or Sweetcorn

✓ Veggie Mince Pie & Gravy Organic Mashed Potatoes served with Sweetcorn or Carrots

✓ Cheese Snack/Turnover served with Oven Chips, Baked Beans or Mixed Salad

✓ Quorn Roast With Gravy served with Organic Roast Potatoes and Vegetable Medley

✓ Veggie Cottage Pie Served with Broccoli or Peas

✓ Cheese & Tomato Pizza served with Diced Potatoes, Coleslaw or Sweetcorn

✓ Jacket Potato with Cheese & Coleslaw with Salad Bar

Tuna Baguette served with Salad Bar

Tuna Pasta Salad served with Freshly Baked Baguette Chunk and Mixed Salad

✓ Tomato Mascarpone Pasta served with Baguette Chunk & Salad Bar

Jacket Potato with Tuna or Cheese with Salad Bar

Chocolate Sponge With Custard

Oatmeal Cookie & Milkshake

Fruit Yoghurt

Iced Chocolate Shortbread with Fruit Wedge

Mandarin Muffin

Fresh Fruit Salad

Fresh Fruit Salad

Fresh Fruit Salad

Fresh Fruit Salad

Fresh Fruit Salad

Main

Dessert



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## Unity/ Denewood

### Monday

All Day Breakfast served with Bread & Butter, Tomatoes and Baked Beans

✓ All Day Veggie Breakfast served with Bread & Butter, Tomatoes and Baked Beans

✓ Jacket Potato with Beans served with Salad Bar

Fruit Sponge & Custard

Fresh Fruit Salad

### Tuesday

MSC Vinegar Infused Fish Fillet served with Oven Chips, Peas & Coleslaw

✓ Quorn Fajita served with Oven Chips and Coleslaw or Salad

Mac & Cheese served with Freshly Baked Baguette Chunk & Mixed Salad

Cornflake Tart & Custard

Fresh Fruit Salad

### Wednesday

Roast Pork served with Gravy, Stuffing and Organic Roast Potato & Vegetable Medley

✓ Quorn Roast served with Gravy, Stuffing and Organic Roast Potato & Vegetable Medley

Cheese & Tomato Baguette served with Mixed Salad

Jelly & Fruit Wedges  
 Cheese & Biscuits

Fresh Fruit Salad

### Thursday

Beef Lasagne served with Homemade Baguette Slice & Sweetcorn or Green Beans

✓ Jacket Potato with Cheese & Coleslaw served with Salad Bar

Halal Chicken Curry served with Rice, Sweetcorn or Green Beans

Chocolate Fudge Pudding & Custard

Fresh Fruit Salad

### Friday

✓ Veggie Pizza served with Diced Potato, Sweetcorn or Mixed Salad

✓ Cheese & Tomato Pizza served with Diced Potato, Sweetcorn or Mixed Salad

✓ Tomato & Basil Pasta served with Homemade Baguette Chunk & Salad Bar

Flapjack & Fruit Wedges

Fresh Fruit Salad



Main

Dessert



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